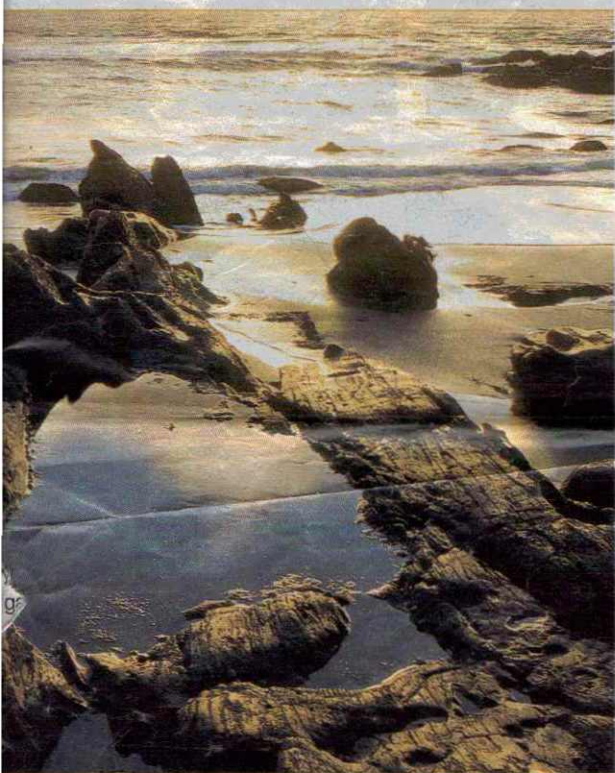


The great outdoors: clockwise, the Blue Lagoon, Porthgain; The Shed; coastal walking



ALAMY

for serving up excellent local seafood. Eat in or enjoy as a takeaway with legs dangling over the edge of the harbour. It also has a well-stocked fresh fish counter where you can make your purchase for your evening's barbecue ([www.theshedporthgain.co.uk](http://www.theshedporthgain.co.uk)).

**1.45pm**

**Get inspired in the city**

Fifteen minutes' drive west along the A487 is St David's, the UK's smallest city. Its impressive 12th-century cathedral was built on the site of the monastery founded by the patron saint of Wales in the sixth century and is well worth a visit, as are the imposing ruins of the Bishop's Palace opposite ([www.stdavids cathedral.org.uk](http://www.stdavids cathedral.org.uk)). Round off your trip with an award-winning ice cream at The Bench. Local organic milk from Caerfai Farm and traditional Italian recipes – from strawberries and cream to piña colada – from owner Gianni combine to create a truly spiritual experience ([www.bench-bar.co.uk](http://www.bench-bar.co.uk)).

**3.30pm**

**Beach ride, Druidstone Haven**

Just 20 minutes' drive further south along the A487 and Welsh Road, set within the magnificent westerly facing St Brides Bay, this stretch of sand backed by high cliffs is a glorious spot for a late afternoon hack. Both novice and confident equestrians can enjoy an hour-and-a-half ride along the beach with the experienced team at Nolton Stables. Few things in life rival racing though the surf on the edge of the shoreline ([www.noltonstables.com](http://www.noltonstables.com)).

**6pm**

**Return to Ty Parke Farm**

Enjoy a simple supper of fresh fish grilled over your very own camp fire. Sit back and enjoy an evening of storytelling and stargazing.

**Go on your own Grand Adventure**



Jeep is proud to bring you Grand Adventures, a series designed to give you amazing ideas to enjoy incredible days out, because Jeep is for people who embrace life to the full and want to make every journey, every drive a grand tour. With this in mind, we've put together more than 100 trips on the exclusive Grand Adventures Generator at [telegraph.co.uk/grandadventures](http://telegraph.co.uk/grandadventures) – from driving along the Scottish coast to kayaking on the Medway. You are bound to find the trip that makes you want to get out there.



**WHERE WILL YOU GO?**

As your first step to a grand adventure, visit [telegraph.co.uk/grandadventures](http://telegraph.co.uk/grandadventures), where you can download a Jeep brochure to see all that the range has to offer, book a test drive or enter our competition to win £6,000 and make that dream of yours come true.

**THE LUXURY BRAND**

Jeep, which is celebrating its 70th anniversary this year, was the original 4x4 brand to bring everyday adventures to life. To celebrate this, Jeep is relaunching its range during 2011, which

includes the all-new Grand Cherokee, the most luxurious and capable Jeep ever.

Not only does the Jeep Grand Cherokee have formidable 4x4 off-road capability with the new Selec-Terrain™ mode, it is also luxuriously appointed, with a Nappa leather-trimmed interior and state-of-the-art technology including an optional entertainment centre that features nine speakers, as well as touch-screen navigation.

For more information about the new Jeep range, to book a test drive, and discover more Grand Adventures to inspire you, visit [telegraph.co.uk/grandadventures](http://telegraph.co.uk/grandadventures)

**WIN A MOUNTAIN BIKE**

On top of the grand £6,000 prize, Jeep is giving away 15 top-of-the-range Iron Horse



mountain bikes each worth £599. Just tweet us your dream Grand Adventure (#grandadventure) for a chance of winning, and that way you can go off road by car and bike.



Grand Adventure of your own at [telegraph.co.uk/grandadventures](http://telegraph.co.uk/grandadventures)